

Red Brick Bench Press Championship X



at
New York State Armory, 184 Connecticut St, Buffalo, NY 14213

on
SATURDAY, FEBRUARY 16, 2013

NAME (FIRST, MI AND LAST)

DATE OF BIRTH (MM/DD/YYYY)

PHONE NUMBER

HOME ADDRESS

EMAIL ADDRESS

CITY

STATE/PRVN

ZIP CODE

USPA CARD NUMBER

(CARDS AVAILABLE FOR PURCHASE AT WEIGH-IN)

USPA CARD EXPIRATION DATE

4 **Competition Entry (Circle One):** USPA SANCTIONED

NON-SANCTIONED

4 **Gender (Circle One):** MALE FEMALE

4 **Equipment (Circle One):** RAW SINGLE PLY MULTI-PLY

4 **Women's Weight (Circle One):** 97 105 114 123 132 148 165 181 198 198+

4 **Men's Weight (Circle One):** 114 123 132 148 165 181 198 220 242 275 308 308+

4 **Division (Circle Divisions):** YOUTH 9-10 YOUTH 11-12 (*Youth Divisions compete as non-sanctioned*)
JUNIOR 13-15 JUNIOR 16-17 JUNIOR 18-19 JUNIOR 20-23 OPEN 13+
SUB-MASTER 35-39 MASTERS 40-44 MASTERS 45-49 50-54 55-59 60-64 65-69
70-74 75-79 80+ MILITARY FIRE/POLICE

4 **Cost (Circle All that Apply):** \$50.00 NON-SANCTIONED OR VALID USPA CARD \$80.00 INCLUDES A ONE YEAR USPA CARD
\$20.00 ADDITIONAL DIVISION \$40.00 TEAM ENTRY FREE FOR MILITARY W/ ID
\$10.00 LATE FEE

4 **Amount Enclosed** \$ _____

4 **Sign and Date**

PLEASE SIGN

DATE (MM/DD/YYYY)

APPLICATION DEADLINE: SATURDAY, FEBRUARY 9, 2013



Red Brick

Bench Press Championship 7

Date and Time

Saturday, February 16, 2013

Location

New York State Armory, 184 Connecticut St, Buffalo, NY 14213, (716) 888-5700

Weigh Ins & Equipment Check

New York State Armory, Friday, February 15, 2013 from 10:00AM–2:00PM and 5:00PM–8:00PM and Saturday from 7:30 – 9:00AM.

Sanctioned

You may enter this contest as a member of the United States Powerlifting Association (USPA) **sanctioned** or as a **non-sanctioned** (non-USPA member).

Eligibility

Any male or female age 9 years or older unsanctioned or 13 years and older for USPA sanctioned. Sanctioned lifters must have a current USPA card. Cards will be available at the weigh-in for \$30 (high school--\$15).

Divisions

Men and women to compete in Youth 9+ Teen 13+, Junior, Open, Submaster, Master 40+--Raw and Assisted. Check out USPA State and American Records at <http://uspla.org/home/uspa-records>

Weight Classes

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, 308+
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+

Rules

For current complete rules visit the **USPA National website** at <http://www.uspla.org/>. Select USPA Rule Book on side menu.

Schedule

- ✓ **Early Weigh In:** New York Armory, Friday, February 15, 2013 from 1:00 – 8:00PM
- ✓ **Regular Weigh In:** New York State Armory, Saturday, February 16, 2013 from 7:30 – 9:00AM
- ✓ **Rules Briefing:** Saturday at 9:15AM, **Warm-Up:** Saturday at 9:30AM
- ✓ **Lifting Begins:** Non-sanctioned event at 10:00AM, USPA sanctioned event at 2:00PM (approximate)

Awards

Division by Weight Class and Best Lifters

Entry fee

\$50.00 per lifter for unsanctioned or with a valid USPA card. \$20 for an additional division. \$30.00 for a one year USPA Card. Team entry fee is \$40.00 for entire team. Military w/ID Free. Official Team Entry Forms: <http://uspla.org/home/resources>.

Deadline

Entries must be postmarked by Saturday, February 9, 2013. Entries postmarked after deadline must pay late fee of \$10. No entries accepted on day of contest. Please mail your entry on-time.

Payment

Make check or money order payable to: Dennis Brochey
Send entry form and payment to: **Dennis Brochey, 205 N Fifth St, Lewiston NY 14092**

Questions

Call Dennis Brochey, USPA NYS Chairperson and Meet Director at 716-200-3533 or email: dennis.brochey@gmail.com

Website

Go to <http://uspla.org/home/nationwide-meet-list> and navigate to the meet date to print additional copies of the poster and entry form. For current USPA Rules Book visit the USPA Website at <http://www.uspla.org>.